Langar

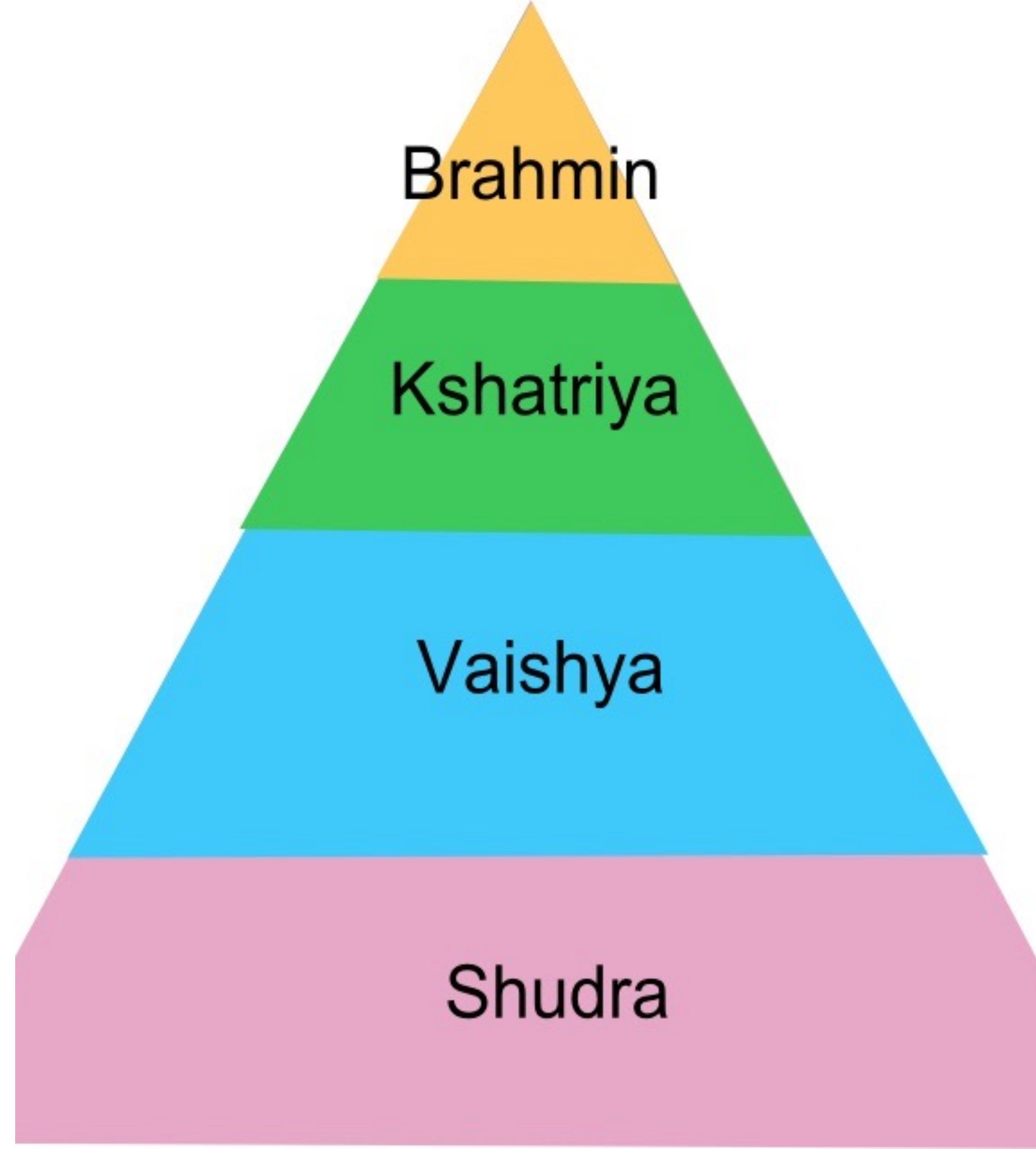**By Ikjot Singh**

Before Langar

Before langar was created their was a cast system. It was divided into 4 ranks, the Brahmin which were the most powerful, the Kshayriya which were the all the soldiers and warriors then there were the Vaishaya would be the landlords and merchants. Lastly were the Shudra which were the servants and commons.

Brahmin

Kshatriya

Vaishya

Shudra

Affect Of Cast System

The affect of cast system was that the higher cast would look down at the lower cast. They were so full of ego that they would not even be near a lower cast. Also a very bizarre thing would happen if the Shudra would even listen to cultural things. They would pour lava in their ears so they couldn't hear.

Langar Purposes

Guru Nanak created Langar for a practise of equality. We all sit down with our legs crossed so we are equal to everyone. Also now people give Langar to everyone not just Sikh but all cultures.

Types Langar

Some people think that Langar is food but it is not it is when you share valuable resource with everyone. Some example of that is toys Langar(giving out toys to kids how need it), money Langar (giving money to people how need such as homeless) and in this time oxygen Langar(providing oxygen to people how are sick).

Ways You Can Do Langar

Some ways you can contribute to everyone and do Langar is you could give the toys to kids how don't have them. You could do gurbani and listen to your parents then after you have no bad voice left you can share your knowledge with other people.

Another way of understanding Langar is that is a an Anchor. An Anchor is way of stoping a ship same with Langar, So that is why Guru Nanak make Langar, because he knew that Langar would become of Anchor of ego. So in conclusion of my presentation is that Langar means selflessly sharing valuable resources with anyone. Still the problem of inequality is still there so never treat people badly just because there different because that emotion might travel and inequality might become a problem again.